

## CHECK IN PROCESS/LOBBY & CLASS PROCEDURES



- Students will be required to pre-register & pay for all in studio classes using the WL app or online at [wellnessliving.com](http://wellnessliving.com) before class. NO DROP-INS ALLOWED.
- Included in your registration/reminder emails are COVID questions. If you answer "YES" to any of them, you are not allowed to take class. We will take your temperature when you arrive.
- In studio classes will be limited to 14 people in Studio A, each space 6 ft apart.
- If you register but do not show, you will be charged \$18 for said visit.
- Upon entering, give the instructor your name and they'll sign you in. To limit contact with staff, any questions or issues with your account should be handled remotely, NOT at the studio. Email us at [info@almayogany.com](mailto:info@almayogany.com), chat us, or call.
- There is a 1 person limit in the lobby. If there is someone there when you arrive, please wait outside or in the doorway until they have finished.
- Masks must be worn at all times. If you don't have one, there will be some on top of the red cubbies.
- Also provided on top of the cubbies is a dispenser of hand sanitizer. All students must sanitize before entering studio.
- Place phone, keys, & shoes inside 1 red cubby. Yoga mats, water bottles, props & towels are the only items allowed in the studio. Please leave all other belongings in your car.
- Make your best effort to head straight into the studio & come prepared for class. Changing rooms will be unavailable.
- Take the next open spot, starting from the window wall side of the room to the "front" (closet door side). Each spot will be labeled.
- If you need to use the restroom, please use the provided disinfectant to spray down toilet handle, faucet, light switch & door handles. We also recommend using a paper towel to flush, turn the faucets & light on & off, and to open the door.
- Each student will be asked to clean the floor surrounding their space with the provided disinfectant wipes located inside the prop closet.
- At the end of class, you will be dismissed by your instructor one row at a time to limit the amount of people in the lobby.
- Limit conversation (sad, I know) and please head out as quickly as possible so the next row can be dismissed.

## **ADDED PRECAUTIONS/STUDIO SAFETY**

- If you don't feel well or have a fever, stay home.
- Masks must be worn on and off the mat by students & teachers.
- We have added hand sanitizer dispensers in the lobby and the bathroom.
- The studio & lobby are stocked with paper products.
- We are encouraging students to bring their own props, but will allow the use of blocks which will be disinfected after each use by the student.
- No towel rentals available. Bring your own.
- Any items left behind (mats, bottles, clothing, etc) will be discarded and will NOT be kept and stored in the lost & found.
- An air purifier will be running throughout each class, cleaning the air up to 3x within the hour.
- Instructors will be wearing face masks during class. Hands on adjustments will not be offered.
- We have installed the required MERV 13 air filters.
- We will open the doors several times throughout class to provide fresh air flow and ventilation.
- We have stocked the studio with COVID disinfectant which will be used after each class on all surfaces.
- You can continue to trust that the floor in A is not only awesome and comfortable, but is also non-porous and antimicrobial.
- We will run a UV lamp for 60 mins after each class in the studio and in the lobby during class to ensure further cleanliness.